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## Handmade Hellenic High Tea makes an impact for Greek elderly

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Handmade spanakopites, meatballs, Cypriot koupes, quiches, semolina cakes and cupcakes were piled high for guests at Froniditha Care's Templestowe Fundraising Auxiliary Group High Tea.

The plethora of handmade Greek delicacies, all painstakingly made by the auxiliary's members, were the main focus of the sold-out event, hosted on Sunday 14 July at Box Hill's Marwal Centre.

But, the event's purpose was the 60 residents at the Froniditha Care Templestowe aged care facility.

\$7250 was donated by the generous guests of the High Tea via ticket sales, general donations and raffle ticket sales.

All funds will go towards implementing a "virtual forest" at the facility, which is a program designed specifically to improve the quality of life for people living with dementia. The immersive experience is an initiative by Dementia Australia, and allows users to change aspects of the scene with a hand movement or change seasons with a clap.

It will add a new interactive element to the already unique lifestyle and activity program on offer at all Froniditha Care facilities.

Templestowe Auxiliary President Tasia Koutsoheras said she was overwhelmed with the support from the community, and the generosity of the Greek community who want to see the elderly age with dignity.

She also thanked the members of the auxiliary who all volunteer their time and expertise in these events.

Froniditha Care President Faye Spiteri commended the auxiliary for their tireless work over the years.

"With your contribution, we've been able to give the residents of STORGI a new bus, plush new furniture and much more," Mrs Spiteri said.

"Thank you for caring and making such a difference to the lives of our elderly."

Musicians Tasos Bellos and Jimmy Vegas were also on hand with their program of traditional Greek hits, making sure the dancefloor was filled until closing.

A big thank you to the following businesses for contributing raffle prizes and catering equipment towards this event: DOKIMON Products from Elena Tsioukis, Nouvelle Hair & Beauty Supplies, SHERIDAN, Bottles of Sparkling wines from C.H. James Café in Fairfield, French Bikini from Effie Grambias, DOROSA AUSTRALIA, Greek Kichen and bar, Sardellis Catering and Gemini Catering equipment.

The next auxiliary fundraising event will be the Templestowe Auxiliary Christmas Luncheon, on 14 November 2019 at the hall of Saint Haralambos in Templestowe.

Thank you to the members of the Templestowe Auxiliary for their tireless work.

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